



**Our desire is to guide families into deeper apprenticeship with Jesus.**

The Intentional Dad is a community of men, women, and families learning and living lives of intimate apprenticeship with Jesus. Together, we are learning what it is to be fathered sons and daughters and then what it is to offer the gift of a good father's heart...a good mother's heart... to our children, our families, and our communities.

Our mission is to awaken, equip, and anoint men, women, and families through the scandalously simple truth that **you are loved, you belong, you are chosen, and you have nothing to prove.** It is one thing to know about that truth. It is quite another to live it. That is the healing work our Heavenly Father is inviting us into and it is our passion to be trustworthy guides for that journey. Together we are learning to embrace that promise from our Heavenly Father and to fulfill the promise in how we love others.



THE  
INTENTIONAL DAD



Aric is the founder of The Intentional Dad, a community of men, women and families learning and living lives of intimate apprenticeship with Jesus. He is an author, teacher, coach, and spiritual counselor who is passionate about shepherding fellow travelers on the journey toward God's promises of healing, transformation, and freedom. Aric lives in Michigan, is a father of three, and has been married to his best friend, Mary Jo, for 32 years. He has a Master's degree in Theological Studies, taught elementary age kids for five years, and offers more than two decades of experience as a father and, especially, his family's experience in living out a vision for a ten year initiation process for his sons and daughter. He now invites families to set out on their own journey to discover the indescribable joy of intimate apprenticeship and intentional parenthood with Jesus.

CONTACT ARIC AT:  
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## THE INTENTIONAL DAD

EMBRACE AND FULFILL THE  
PROMISE OF FATHERHOOD

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### **The Intentional Dad** **Guided Apprenticeship**

Two(ish) year training for the few.





THE INTENTIONAL DAD

*Small is the gate and narrow the road that leads to life, and only a few find it. (Matthew 7: 13-14).*

Guided apprenticeship is designed to be a very intentional two(ish) year journey to learn a life of apprenticeship with Jesus.

It is not for everyone. But for those who are ready, you will set out on a journey to find the narrow road of initiation into intimate sonship/daughterhood with God that will change the course of your life, marriage, and parenthood. And it is a journey you will share with others finding their way on the narrow road as well. For individual participants and couples.

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Scan for more information, registration, or to schedule free consultation.



## PHASE 1:

### GETTING WHAT YOU NEVER GOT

#### **Part 1: Awakening**

Segment 1: Awakening Desire  
 Segment 2: The Father Wound and the "Sacred Gap"  
 Segment 3: Invitation and Initiation

#### **Part 2: Equipping**

Segment 1: Orienting to The Story (War)  
 Segment 2: Preparing for Battle (Exposing Messages)  
 Segment 3: Practicing Warfare (Identifying Agreements)

#### **Part 3: Equipping**

Segment 1: Practicing Warfare (Sin, Repentance, Confession)  
 Segment 2: Practicing Warfare (Breaking Agreements & Soul Ties)  
 Segment 3: Identity

#### **Part 4: Anointing**

Segment 1: Vision  
 Segment 2: Purpose  
 Segment 3: Celebration

***Phase 1 is designed to be intentional preparation for a life of apprenticeship with Jesus.*** Each month will include a one-on-one session, a community gathering, and these steady practices:

- Slowing and Study
- Solitude/Silence/Reflection
- Story
- Prayer

These practices will first be introduced and, with practice, gradually increased as the apprenticeship journey continues. Phase 1 is designed to be about one year but the goal is not to meet a deadline. Instead, initiated apprenticeship is the goal.

## PHASE 2:

### GIVING WHAT YOU NEVER HAD

#### **Part 1: Invitations**

Segment 1: Vulnerability, grieving (Posing vs. Imago Dei)  
 Segment 2: Confronting fear, receiving truth (Shame vs. Guilt)  
 Segment 3: Forgiveness

#### **Part 2: Practice (Recovering Imago Dei)**

Segment 1: Guided by Wisdom (Hearing from God)  
 Segment 2: Uncompromising in Loyalty (The Wounded Healer & Honoring Pain)  
 Segment 3: Inspired by Freedom (Calling. Practicing Mercy.)

#### **Part 3: Practice (Recovering Imago Dei)**

Segment 1: Motivated by Oneness (Abiding)  
 Segment 2: Firm in Character (Transformation)  
 Segment 3: Driven by Love

#### **Part 4: Purpose**

Segment 1: Bestowing  
 Segment 2: Ruling (Seeing, Hearing, Knowing, Understanding)  
 Segment 3: Dreaming and Celebration

***Phase 2 is designed to build on the preparation and practices of Phase 1.*** Each month will continue to include a one-on-one session, a community gathering, and these steady practices:

- Slowing and Study
- Solitude/Silence/Reflection
- Story
- Prayer

Phase 2 is movement from awakening to knowing, equipping to proficiency, and proficiency to mastering. Again, the goal is not to meet a deadline but to be fathered into proficiency.